

SCAN TO PRE-ORDER YOUR FREE-RANGE TURKEY BY STORE











Harmony Farms Free-Range Turkeys

Dinner Is Served!

IN-STORE PURCHASE ONLY



Diestel Farms
Organic & Heirloom Turkeys



Tofurky Stuffed Tofurky Roast \$11,99 _{26 oz}



Field Roast
Stuffed Cranberry
Hazelnut Roast
\$23.99 2165.



Quorn Meatless Roast \$7,99



Aleias Gluten-Free Stuffing \$4.99



Gardein Roast Turk'y \$16.99 35.2 oz



Road's End Organics
Gravy Mix
990 1 oz.
Select Varieties



Patience Fruit & Co. No Sugar Cranberries \$2,99 402



Good Karma Holiday Flax Nog \$3.59 32 02.



Califia Farms
Holiday Creamer
\$4.59



Alexia
Frozen Side Dishes
\$3.99

I am grateful for what I am and have. My Thanksgiving is perpetual.

HENRY DAVID THOREAU

Holiday Baking & Dessents



Lily's Sweets
Baking Chips
\$5.99 9 oz.



Alden's Ice Cream \$7.49 48 oz.



Bob's Red Mill
All Purpose Baking Flour
\$6.99 44 oz.



Pamela's
Holiday Cookies
\$3.99 6 az.



Farmer's Market
Pumpkin Pie Mix
\$2,89



Enjoy Life
Chocolates
\$4,99 6.3 oz.



Cappello's
Cookie Dough
\$11.99 12 oz.



Dandies
Vanilla Marshmallows
\$3,49 10 oz



Lakanto
Monkfruit
Sweetener
\$4.69 8.29 oz.
Select Varieties



Immaculate Baking Co.
Cookle Dough
\$3.49 14 oz
Select Varieties



Foodstirs Sweet Vanilla Cake Mix \$3.99



Van Leeuwen Frozen Dessert \$5.99



Watkins Assorted Food Coloring Kit \$6.99



Truwhip
Keto Whipped Topping
\$3.49
Select Varieties

A Few More Holiday Deals



Celestial Seasonings
Holiday Teas
\$2.99
20 ct.



Jeff's Garden Olives \$5.89 7-7.5 oz.



Knudsen
Sparkling Juice
\$3.49 +CRV
25.4 oz



Califia Farms
Pumpkin Greamer
\$4.59

Groceries Galore



White Leaf Provisions
Apple Sauce

Coloct Variation



The Mate Factor Yerba Mate Tea \$4,49 20 ct.



Kettle & Fire Bone Broth



Aqua Carpatica
Natural Spring Water
2 for \$3 + 200

Must be purchased in quantities of 2 for discoun

PLANTAIN STRIPS

Artisan Tropic Plantain Strips \$2.79 4.5 oz



San Francisco Salt Co. Sea Salt \$2,99 402.



Goldthread
TOIIICS
2 101 \$6 + CRV
12 oz.

Select Varieties
Must be purchased in quantities of 2 for discount



Peter Rabbit Organics
Bally Footl
2 107 \$3 402.

Must be purchased in quantities of 2 for discount



Late July Potato Chips \$2,59



Coombs Grade A Maple Syrup \$7,99



Organic India Medicinal Teas

Select Varieties



Native Forest Quartered Artichoke Hearts



Pacific Foods Chicken Broth \$3,79 320



Raven's Brew
Coffee
\$9.99
12 oz



Village Harvest Rice Blends \$1.99 8.5 oz.



Massey Honey
Holley
\$9.99 11.1 oz



Topo Chico Sparkling Water 996 + CRV 120z.



Tea Drops
Tea
\$8.99
10 ct
Select Varieties



Shady Maple Farms Grade A Maple Syrup \$12,99 12.702



Wholesome Sweeteners Brown Sugar \$4,49 24 oz



Veggiecraft
Pasta
\$2.99 8 oz.
Select Varieties



NEW CLARK'S AUTUMN COUPON BOOKS ARE HERE!

Make sure to pick-up our new coupon booklets when you come in to any Clark's Nutrition location. It's just another way to save money on your favorite brands!

What's In the Fridge?



Miyoko's Gream Greese \$7.99 65 02



Daiya Cheeze Style Block \$3.89 z.102



Sinto Gourmet

[MinGh]

\$4.99

14 oz.
Select Varieties



Primal Kitchen
Mayonnalise
\$7.99
12 oz.
Select Varieties



PIC NIK
MET
Coffee Greamer
\$4.49 25.36 oz



Le Grand
Plant-Based
Cheese Spread
\$4.99 & oz
Select Varieties





\$7.49 4.2 oz. Select Varieties

Cheese Wedge



Lemon Perfect

| This | CRV
2 for \$4 + CRV
12 oz.
Select Varieties



Milkadamia
Grammer
\$2.89 16 02
Select Varieties



GT's Kombucha Enlightened Kombucha \$7.00 +crv

\$7.99 + CRV 48 oz. Select Varieties



Cascadian Farm Vegetables 2 for \$4 10 oz.

Must be purchased in quantities of 2 for discount



Mamie's
Pocket Pies
\$2.79 4-4.5 oz.
Select Varieties

Frozen & Delicious



Food For Life Ezekiel Sprouted Bread \$3.99_{24 oz.}



Sukhi's Entrees \$6.89 10 oz. Select Varieties



Osso Good Bone Broth \$7.49 16 oz



Primal Kitchen Skillet Meals \$9.99 20 oz. Select Varieties



Unbun Keto Pizza Crust \$9.99 7.1 oz.



Lightlife
Plant-Based
Sausaye
\$8.79 140z.
Select Varieties



Wholly Veggie
Cauliflower Sides
\$5.79
11.46-13.2 oz.
Select Varieties



Bone Broth
\$7.89
24 oz.

Extreme Discounts!



Select Solaray Brand Products







25% Off
All Clark's Herb Brand Products



30% Off
All Wish Garden Brand Products



30% Off
All Ancient Hutrition Brand Products



25% Off
All Mercola Brand Products



25% Off All Barleans Brand Products



All OM Brand Products



20% Off
All Paradise Herbs Brand Products



20% Off
All Herbatint Brand Products



20% Off
All Fody Brand Products



20% Off
All Thee Brand Products

More Great Deals



Host Defense
Myeo Botanicals
Complete Calm
\$20.39



Nordic Naturals
Kird's Probiotic Gummies
Berry Punch
\$16.39 60 ct.



Life Seasons Glucose Stabili-T \$27.99 90 ct.



Carlson
God Liver Off
Lemon
\$26,39



Carlson Norweyfan God Liver Oil \$7.99 100 ct.



Hylands Arthritis Pain Relief \$11,49 soct



Arthritis Pain Relief PM \$11,49 soc



Mega Food Veyan B-12 \$16.79 30ct.



Wedderspoon Manuka Honey Throat Spray \$9.59 102



Wiley's Finest Fish Oil Catch Free Tropical Omega-3 \$27.99

More Groceries



Taza **Chocolate Bars**





Partake Cookies 5.5 oz Select Varieties



Helps **Medicinal Teas** 16 ct.



Beyond Good Dark Chocolate Bars 2.64 oz.



Buddha Teas Chaga Tea





Camellia's **Dried Lima Beans** \$3,29 16 oz



Dr. Bronner's Virgin Coconut Oil \$9,99 Select Varieties



Edward and Sons Breadcrumbs





Lakewood



Flax 4 Life Triple Berry Muffins \$6.89 1402



L and A All Cherry Juice \$4.99 +CRV



Foods Alive Flax Crackers **S4.99**





Let's Do Organic Coconut 7.8-8 oz.

Select Varieties



Local Hive **Clover Honey**

Select Varieties



Rise Brewing Co **Oat Milk Latte Cold Brew**



+ CRV Select Varieties



World Centric Compostable Bowls \$2.19 20 ct.



Annie Chuns **Noodles**

2 pk



Peanut Butter & Co. No Sugar **Peanut Butter**

Select Varieties



Mother In Law's Kimchi Chile Penner

Flakes

\$4.99 3.5 oz



Ozery Bakery Rounds

10.6-12.7 oz.



Better Carob Bars \$4.49 2 oz. Select Varieties



Real Foods Corn Thins



Acid League **Vinaigrette**

SR AA 10.1 oz.



Bob's Red Mill Unsweetened **Coconut Flakes** \$2.69 10 oz.



Primal Kitchen Extra Virgin Avocado Oil \$9,99 8.45 02



Cobram Estate Olive Oil 12.7 oz.

Select Varieties



Lotus Foods Jasmine Brown Rice \$4,99 30 az



Zevia Soda

\$4.89



Justin's **Peanut Butter S6** 99



Alkaline88 Water + CRV \$3,89 1 gal.



Back to Nature Crackers 4-8.5 oz. Select Varieties



Bakery On Main Oatmeal Cups



Umpqua Oats 2.47 - 2.72 oz. Select Varieti



Kicking Horse Coffee 10 oz.



Better Than Base Bouillon Select Varieties







\$7,99 2802



Select Varieties





Clover Sonoma **Heavy Whipping Cream** S3.79 16 0Z.



Delicions Dairy

Kalona **Sour Cream** S3.49 16 oz.



Meyerberg **Goat Butter** \$5.49 soz



Green Valley Low Fat Kefir S41,69 32 0Z Select Varieties



Earth Balance Unsalted Buttery Sticks \$4.89 1602

BONUS BRAND BUYS Discounts On Entire Product Lines

















































































AGAIN TO WIN!



FREE GROCERIES FOR A YEAR!



